

Active Lives Networking Newsletter

Welcome to the second edition of our Newsletter

We want to let everyone interested know what has been happening at Active Lives Network as well as exciting future developments. *Read on*

Centre Representatives are:- Monday Swanley - Dolly Witt, Sonia Mallion
Tuesday - Gravesend: Danny O'Brien, Peter Wright
Wednesday - Dartford: Larry Cotton, Paul Morris

Direct Payments

Jo Crittall is coming into each site on 2nd, 3rd, and 4th February to talk to people about any aspect of Direct Payments, and hopefully this will make things clearer for all.

Simon Paul Foundation

Joannah has now joined the Simon Paul Foundation, and is hoping to work alongside us, assisting people when and where necessary

Exploring New Community Projects

We are currently in talks with people at St Edmunds Living Well about working together on local community projects, as well as gentle exercise classes etc at Dartford and Riverside.

Healthy Activities at Swanley

Some people from the Get Sorted Programme are trying to set up a gentle exercise class, as well as other healthy activities at the Swanley Centre (Mondays). This is currently in discussion, further news when we have it!

New Social Enterprise

Creatability is a new Social Enterprise organisation which Edward, Carol and a board of service users - including Bridget Pestell and Patricia French - are planning to setup with support from KASS. It is planned that the new organisation will take over the delivery of the art and jewellery classes through the use of Direct Payments and will also offer opportunities for marketing of products and other developments. Minutes are available from the first two Board meetings - if you would like a copy of these minutes please let Edward know - the email is info@creatability.org



Christmas Events

Swanley

We had a finger buffet and a karaoke, as well as the usual get together and chat. Everybody enjoyed themselves.

Riverside

This is where the main Christmas dinner was held – all 7 courses of it! There was music and laughter, a Secret Santa, and silly hats were nigh on compulsory!

Dartford

Again, a finger buffet was held here, along with a karaoke, which proved popular on the Monday. Much hilarity ensued.

A big thank you to all who made the above events possible!

